

# ATTENTION: ALL KIDS K-5!

Mondays, Tuesdays and Thursdays: 4-5:30 pm



## "OmWork" Club

Inner Power PowerYogaKids™ "OmWork" Club gives your child the space to gather, learn and practice yoga and relaxation techniques, concentrate on homework, or just create some fun arts and crafts in a relaxed and peaceful environment for an hour and a half. Meanwhile, Moms and Dads can get in on the "Om" by enjoying an adult yoga class of their own with one of the studio's world class PowerYoga Instructors, or run errands, or take a break from your busy day.



**FALL SESSION STARTS OCTOBER 14. SIGN UP NOW! SPACE IS LIMITED!**

For more information and to reserve your child's space, call the studio at 818.591.2639

InnerPowerYoga | 2223 Mulholland Hwy • Gelson's Center • 818.591.2639 • [www.innerpoweryoga.net](http://www.innerpoweryoga.net)

Over 10 years in business • Yoga for All Levels • Private and Group Sessions • Kids' Yoga • Teachers' Training